1. **Headlines are obscured by the fog of war.**
   Don't swallow them without chewing. Even the best news outlets will blow it.

2. **Avoid the obvious spreaders of hogwash by noting these red flags:**
   - Incessant posts…
   - That lean into emotionally charged content…
   - That provide no link to the original source…
   - And use the language of breaking news, without being affiliated with a news outlet.

3. **Check the attribution and be careful of the sources you’re pulling from.**
   Never repost screenshots - they are easily faked.

4. **Know your platforms:**
   - Telegram is a rich source of videos, photos in this conflict.
   - Instagram is heavily used in Gaza and the West Bank.
   - X is mostly just an aggregator of material posted elsewhere.

5. **Photos and videos of war victims are almost never staged by “crisis actors.”**
   Though disinfo accounts often pass off old, unrelated war images as new, they’re rarely fake.

6. **Learn about the easily accessible tools you can use to assist verification.**
   But even the pros get fooled. This work isn’t easy, but it’s important.

7. **The information pool has never been so polluted, don’t make it worse.**
   Pause before you post. What you do matters.

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