

TERRESTRIALS x Birds of a Feather Mood Booster

NAME: _____

DATE: _____

Many Native Americans respect and revere bald eagles for their majesty and courage, but also for how caring they can be. Eagle feathers represent those qualities, and even play a role in some healing ceremonies.

In the Lakota tradition, people can earn a bald eagle feather for doing something caring – something that is not for themselves, but for the good of others.

Think of someone you know who has done something kind, or who often helps other people. How would you put into words what they have done for you or others? Fill out the feather on the right with your compliment, cut it out, and pass it along to that special person!

Ask your parents to share your Terrestrials creations with us at @radiolab using the hashtag #Terrestrialspodcast

